

Rules of the 10th International Bornean Frog Race 2023

The Rules of the 10th **International Bornean Frog Race** are on the Race website (<http://www.internationalborneanfrograce.com>) and reproduced below. Emendations to these Rules can be expected from time to time.

1. The welfare of frogs is primary to the goals and objectives of the Race. The following rules were formulated to ensure that no frogs are harmed during the event.
2. The venue for 2023 will be Sama Jaya Nature Reserve, a forest protected by the Sarawak Forestry Corporation, our host.
3. The Race is open to all physically fit persons. However, the general public can attend the exhibition and talks.
4. All participants have to register online in order to obtain an official entry to the Frog Race.
5. The Frog Race will start with flag-off at 6:00PM and ends at 9:00PM, on 17 June 2023. Participants' safety will be monitored via the clock out-in system, and all registered participants should identify themselves prior to start of Race, and confirm return to the same station. All Race participants are required to submit their images to the **Image Receiving Desk** at Sama Jaya Nature Reserve by 9.00 PM after images selection from their respective devices.
6. Race participants will have to wear the official **Frog Race 2023 T-shirt**, and display **numbered arm-bands** (both supplied by the organisers to registered participants).
7. Participants should make every attempt not to disturb amphibians, such as placing strong light sources too close to the eyes of frogs. Such behaviour causes stress to frogs, and may cause temporary or permanent damage to their eyesight. In addition, it leads to stressed frogs being photographed. Images showing such frogs will not be accepted for the competition by our panel of judges
8. **One** winner will be chosen for **Most** number of amphibian species found, and
9. **Three** winners will be chosen for the best amphibian (including frogs, toads, caecilians and tadpoles) photos in camera (including DSLR, mirrorless and compact camera) category and **One winner** for the mobile phone category, respectively. Each participant is eligible to enter only one category (camera or mobile phone).

10. **Three** winners will be chosen for the best night photography (any element of nature apart from frogs), using any device. This category is being offered for the first time in the event.

11. Participants must submit their results at 9:00PM. **Late submissions** will be disqualified.

12. The decision of the Panel of Judges on each photo contest category is final.

13. Race participants are allowed to take photos only along the **pre-designated trails** at Sama Jaya Nature Reserve. Volunteers / Race marshal along these trails will ensure both the safety of the Race participants and of the frogs. **Excess disturbance** (e.g., usage of flashes beyond acceptable quantum, currently put at three; as well as physical contact with frogs or destruction of vegetation and other habitats) will be noted for transmission to the judges.

14. All participants will receive a **Certificate of Participation** from the organizers.

15. Registration fees are required to participate in the Race, payable in cash or online payment system. Payment is non-refundable.

Do's and Don'ts of the International Bornean Frog Race

Do's

Leave footprints, not litter

Bring a flashlight or a headlamp

Bring a raincoat

Bring enough drinking water

Don't s

Harm frogs or any other wildlife

Disturb vegetation and other habitats

Stray from the main trail

Make unnecessary noise

The 10th International Bornean Frog Race Judging Criteria

1. Most number of amphibian species found

(the winner in this category will be the participant who photographically documents the most number of amphibian species)

2. Best amphibian photo

(the winner in the first subcategory can use DLSR, mirrorless and compact cameras. Three winners will be judged according to the criteria below. Only one entry per participants is allowed. For mobile phone subcategory, only one winner will be chosen)

3. Best photo in the open category

(the winner in this category can use DLSR, mirrorless and compact cameras and mobile phones. Three winners will be judged according to the criteria below. Only one entry per participants is allowed)

“Best Photos” Judging Criteria

1. How technically correct is the photo? (20 marks)

Are the following the best they can be? Focus, sharpness, detail, depth of field, colour, brightness, contrast, saturation, usage of light.

2. Subject matter/ Content (20 marks)

How well does it fall within the Bornean Frog Race objectives?

3. Creativity (20 marks)

4. Composition (20 marks)

Where does our eye lead to in the photograph?

Is it creating the visual impact it should?

5. Do I like this photograph? (20 marks)

Total score: 100 marks

Registration

The official website for the **International Bornean Frog Race** is:
<http://www.internationalborneanfrograce.com>

Participants need to **register online**, on a first-come-first-served basis, to a limit of 100, providing personal information, dietary restrictions (if any), T-shirt size, sign the indemnity form, and bank in the appropriate registration fees for the Race. Thereafter, they need to email the payment receipt to the organisers to secure an entry to the Race.

Overseas participants are permitted to pay onsite, but need to register online, providing personal details, to permit us to organise the appropriate sizes of T-shirts and meals.

Registration is essential to gain entry to the event, including the talks, exhibition, an entrance to the Race and the chance to win prizes.

Health and Safety

The Race is open to all fit individuals (who can walk the ca. 1.6 km trail at night). Those under the age of 18 need a letter of consent from parents/guardians.

All participants need to be reminded to bring flashlights/head lamps, sufficient drinking water, walking shoes, rainwear and personal medication, if any, when attending the event. Participants need to sign a disclaimer, absolving the organisers of responsibility in the unlikely event of an accident and wear the official Frog Race T-shirt and arm-band during the Race.

Qualified emergency medical aid practitioners need to be kept on standby during the event, particularly during the Race period (6–9 PM). At the same time, information on the type of emergency health care available at the nearest clinic or hospital need to be at hand, especially in cases of snake envenomation, insect bites and stings and severe allergic reactions.